



Contemplative Outreach of Connecticut

“We embrace the process of transformation in Christ, both in ourselves and in others, through the practice of Centering Prayer.”

The Vision of Contemplative Outreach LTD, Butler, NJ

Our mission is to support the Vision of Contemplative Outreach by sharing and teaching the Contemplative Outreach prayer practices and by enhancing the Christian Contemplative Community in the Connecticut area in four primary ways:

- + **Develop Prayer Community** to deepen the practice of Centering Prayer at retreat centers, various parishes and church communities, and through workshops and retreats.
- + **Facilitate** and support prayer groups by facilitator development and online training resources. We list and nurture different prayer groups. Our Ambassador Program encourages members of the Leadership Team to visit and pray with the prayer groups to understand and support their needs.
- + **Foster New Prayer Group formation** by presenting Introductory Workshops on different Contemplative Outreach Prayer practices. We continue to develop Commissioned Presenters who can present these local workshops.
- + **Maintain and Update Communications** on the co-ct.org web site with current events of local interest, news and various resources. We maintain an email list and send quarterly updates.

As a Contemplative Outreach Chapter, we maintain contact with the Contemplative Outreach, LTD National office in Butler, NJ. We have relationships with the various National Service Teams and other Contemplative Outreach Chapters to carry out our mission of service to our local Christian Contemplative Community.

We send representatives to Contemplative Outreach National Conferences and other events to stay informed of important organizational changes and to provide input to represent the needs of our local area.

Let us know how we can be of assistance to you and your prayer group. We welcome volunteers to become part of the Leadership Team or to serve on a Service Team.

Contact us by [email at contact@co-ct.org](mailto:email_at_contact@co-ct.org) or through our website with your ideas, thoughts, concerns or questions. Please visit our [website: http://www.co-ct.org](http://www.co-ct.org) We gratefully accept donations to cover our costs. Donations over \$250 are tax deductible.

Dated: 12.21.2017

Connecticut-area Christian Contemplative Events - 2018

January 2018:

[Saturday, January 6, 2018 8:30 a.m. - 4:30 p.m. Contemplative Enrichment Day: Forgiveness Process and Practice](#), Mary Dwyer, Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

[Saturday, January 20, 2018 9:00 A.M - 12:30 P.M. \(Doors open at 8:30\) - Centering Prayer Introductory Workshop](#), Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

February 2018:

[Saturday February 17, 9:30 AM- 3:30PM Lectio Divina Introductory Workshop](#), Nancy Stimac & Mike Smoolca, St. Robert's Hall – 52 S. Elm St. Windsor Locks, CT

[Saturday, February 24, 2018 8:30 a.m. - 4:30 p.m. Contemplative Enrichment Day: CONTEMPLATIVE LIVING: LIVING OUT GOD'S CALL TO RELATIONSHIP](#), Steve Sandiford, Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

March 2018:

[Saturday, March 24, 2018 8:30 a.m. - 4:30 p.m. Contemplative Enrichment Day: TERESA OF AVILA: AGONY AND ECSTASY](#), Susan Komis, Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

April 2018:

[Saturday, April 14, 2018 8:30 a.m. - 4:30 p.m. Contemplative Enrichment Day: Howard Thurman and the Mystical Heart of Non-Violence](#) Dr. Lerita Coleman Brown, Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

[Saturday, April 21, 2018 - Finding the Place of the Heart](#), Fr. Bill Sheehan, Caritas Christi Center 295 Benham Street, Hamden, CT 06514

[Wednesday, April 25, 2018 7:00 p.m. - 9:00 p.m. Making the Insights of Thomas Merton Accessible](#), Mike Smoolca, Our Lady of Calvary Retreat Center, 31 Colton Street, Farmington, CT 06032

May 2018:

[Saturday, May 5, 2018 8:30 a.m. - 4:30 p.m. Contemplative Enrichment Day: The Contemplative Dimension of Life, the Fifth Moment of Lectio Divina](#), Mike Potter, Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

[Saturday, May 12, 2018 9:00 A.M - 12:30 P.M. \(Doors open at 8:30\) - Centering Prayer Introductory Workshop](#), Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

June 2018:

[Saturday, June 9, 2017 9:00 a.m. - 5:00 p.m. Annual Day of Christian Contemplative Reflection: The Neuropsychology of Centering Prayer](#), Dr. Charlotte Tomaino, Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107

[Friday June 29 - Sunday July 1, 2018, Early Summer Contemplative Weekend Retreat - Christianity and Buddhism in Dialogue](#), Fr. Michael Holleran, Holy Family Passionist Retreat Center, 303 Tunxis Road West Hartford, CT 06107 Friday 5:00 p.m.- Sunday 1:00 p.m.

For the latest updates please visit: <http://www.co-ct.org/current-events.html>

For a list of local Prayer Groups please visit: <http://www.co-ct.org/prayer-groups.html>

Also visit Contemplative Outreach at: <http://www.contemplativeoutreach.org/>