

Deepen your intimacy with God and increase your capacity for living a fuller Christian life.



An Introduction to the Contemplative Practice of Centering Prayer

Saturday May 27, 2017

9:00 a.m. - 12:30 p.m.

Doors open at 8:30

**St. Vincent de Paul Church
5 Church Street Bradford, R.I.**

All prayer is a relationship with God. Centering Prayer is a method designed to facilitate the development of contemplative prayer by preparing our faculties to receive the gift of this prayer form. Centering Prayer does not replace other ways to pray; rather, it deepens the experience of God's presence in them. It teaches us to deeply consent to the presence and action of God in our lives, and letting our Lord love us.

Presented by Mike Smoolca, an experienced contemplative prayer practitioner, is Coordinator of the Connecticut Chapter of Contemplative Outreach, a Centering Prayer facilitator, a Commissioned Contemplative Outreach presenter and student of Contemplative practices. Mike is a Spiritual Director and experienced Contemplative workshop facilitator and speaker. He is the Coordinator of the Northern CT Chapter of the International Thomas Merton Society and is very active in several Parish ministries.

To register contact Frank Pendola 401-596-0251, pendolaf@gmail.com

Register Online at: <http://www.co-ct.org/introtocp.html>